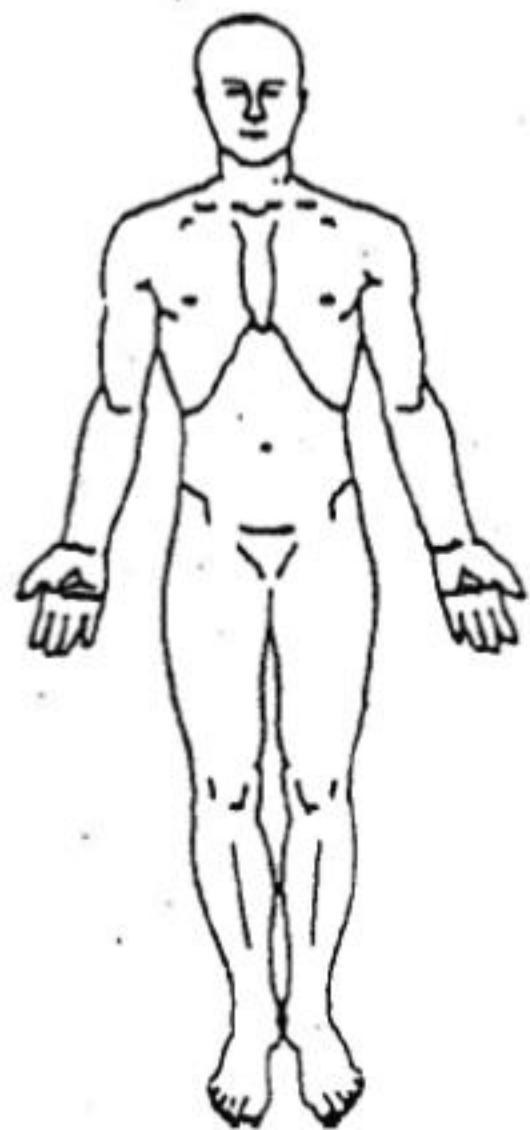


Area of Discomfort

Mark the areas of discomfort or the tension-holding areas on the diagrams below. Then rate the degree of pain on a scale of 1 to 10 for each of these areas. Use 10 to indicate the most pain



Area Area of Discomfort

Area A _____

Area B _____

Area C _____

Area D _____

